



**REQUISITION FORM**

**1** Please print - ALL fields required **Patient Info**

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Sex  Male  Female Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**DATE OF SALIVA SAMPLES:** \_\_\_\_\_ **TIME OF SALIVA SAMPLES:** \_\_\_\_\_  
 \_\_\_\_\_ MORNING \_\_\_\_\_ NOON \_\_\_\_\_ EVENING \_\_\_\_\_ NIGHT \_\_\_\_\_

**DATE OF URINE SAMPLE:** \_\_\_\_\_ **TIME YOU WOKE UP:** \_\_\_\_\_ **TIME OF URINE SAMPLE:** \_\_\_\_\_  
 \_\_\_\_\_ MORNING \_\_\_\_\_ MORNING \_\_\_\_\_

**WOMEN ONLY**  
 Date of Last Menstrual Period \_\_\_\_/\_\_\_\_/\_\_\_\_  HYSTERECTOMY  OVARIES REMOVED

Samples Must  
Be Shipped The  
Next Business Day  
See Instructions

**2** **Practitioner Info**

**Provider (P):** Natural Therapeutics Holistic Spa  
**Provider ID #:** 5539  
**Address:** 6340 Camp Bowie Blvd  
 Fort Worth, TX 76116  
 USA  
**Phone:** (817) 738-4904  
**Fax:** (817) 900-8480

Ordering Clinician (Print) \_\_\_\_\_  
 Clinician Signature \_\_\_\_\_  
 NPI Number \_\_\_\_\_  
 ICD-9 (Diagnosis Code for Insurance Billing) \_\_\_\_\_

**3** **Patient Consent and Authorization**

I authorize the Lab to test my samples. I have read and understand that the Lab recommends that I share any comments made regarding my test results, including recommendations, with my health care provider. The Lab has not asked me to discontinue treatment or care from any health care provider.

The Lab has given no guarantees, warranties or assurances, expressed or implied, concerning the services provided.

I understand that California State health law prohibits the testing of specimens collected or mailed from California without a written order from a physician authorized to prescribe in California (MD; DC; ND; PA; LAc; RD; DO, NP, pharmacist, nutritionist, health counselor, etc). If you are located in California, please include an order from your physician along with your specimen sample.

My signature indicates that I have read and understand the above statements.

**By checking this box I am confirming my samples were frozen prior to shipping:**

Patient Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**4** **Tests Requested (Practitioner Use Only)**

Practitioner Please Select:

**Panel Orders:**

**Neuro/Hormone Complete Plus Panel\*** [Serotonin, GABA, Dopamine, Epi, Norepi, Glutamate] CPT-84260, 82136, 82382, 82384, 82384, 82136 [E1,E2,E3,Pg,T,D,am/noon/eve/pm Cortisol] CPT-82679,82670,82677,84144,84402,82626,82530 x4  
 **Neuro/Hormone Complete Panel** [Serotonin, GABA, Dopamine, Epi, Norepi, Glutamate] CPT-84260, 82136, 82382, 82384, 82384, 82136 [E2, Pg, T, D, am/noon/evening/pm Cortisol] CPT-82670, 84144, 84402, 82626, 82530 x4  
 **NeuroAdrenal Panel** [Serotonin, GABA, Dopamine, Epi, Norepi, Glutamate] CPT-84260, 82136, 82382, 82384, 82384, 82136 [D, Cortisol x4] CPT- 82626, 82530 x4

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**OR Individual Orders:**

**Hormones/CPT:** \_\_\_\_\_ E1 /82679 \_\_\_\_\_ E2 /82670 \_\_\_\_\_ E3 /82677 \_\_\_\_\_ Pg /84144 \_\_\_\_\_ T /84402  
 \_\_\_\_\_ D /82626 \_\_\_\_\_ C. Morning /82530 \_\_\_\_\_ C. Noon /82530 \_\_\_\_\_ C. Evening /82530 \_\_\_\_\_ C. Night /82530

**Neurotransmitters/CPT:** \_\_\_\_\_ Epinephrine /82384 \_\_\_\_\_ Dopamine /82382 \_\_\_\_\_ GABA /82136  
 \_\_\_\_\_ Norepinephrine /82384 \_\_\_\_\_ Serotonin /84260 \_\_\_\_\_ Glutamate /82136

\* The reference ranges and clinical relevance for EQ have not been established for males.

PATIENT'S NAME: \_\_\_\_\_

**5**

Please indicate the symptoms you are experiencing as: 0 (none), 1 (mild), 2 (moderate), 3 (severe).  
 For example if you are moderately anxious you would indicate this by darkening the 2 next to 'anxious' e.g. 0 1 **2** 3 Anxious

**Symptoms**

**ALL INDIVIDUALS**

- |                                    |   |                                   |                                |
|------------------------------------|---|-----------------------------------|--------------------------------|
| 0 1 2 3 Increased Forgetfulness    | 0 1 2 3 Difficulty Staying Asleep                   | 0 1 2 3 Hoarseness                | 0 1 2 3 Elevated Triglycerides |
| 0 1 2 3 Foggy Thinking             | 0 1 2 3 Decreased Stamina                           | 0 1 2 3 Hair Dry or Brittle       | 0 1 2 3 Decreased Libido       |
| 0 1 2 3 Difficulty Concentrating   | 0 1 2 3 Increased Muscle Aches                      | 0 1 2 3 Nails Breaking or Brittle | 0 1 2 3 Decreased Muscle Size  |
| 0 1 2 3 Tearful                    | 0 1 2 3 Fibromyalgia                                | 0 1 2 3 Slow Pulse Rate           | 0 1 2 3 Decreased Flexibility  |
| 0 1 2 3 Depressed                  | 0 1 2 3 Ringing in Ears                             | 0 1 2 3 Rapid Heartbeat           | 0 1 2 3 Burned Out Feeling     |
| 0 1 2 3 Mood Swings                | 0 1 2 3 Allergies                                   | 0 1 2 3 Heart Palpitations        | 0 1 2 3 Sore Muscles           |
| 0 1 2 3 Stress                     | 0 1 2 3 Headaches/Migraines                         | 0 1 2 3 Incontinence              | 0 1 2 3 Increased Joint Pain   |
| 0 1 2 3 Anxious                    | 0 1 2 3 Dizzy Spells                                | 0 1 2 3 Hot Flashes               | 0 1 2 3 Neck or Back Pain      |
| 0 1 2 3 Irritable                  | 0 1 2 3 Constipation                                | 0 1 2 3 Night Sweats              | 0 1 2 3 Bone Loss              |
| 0 1 2 3 Nervous                    | 0 1 2 3 Goiter                                      | 0 1 2 3 Infertility Problems      | 0 1 2 3 Thinning Skin          |
| 0 1 2 3 Decreased Mental Sharpness | 0 1 2 3 Cold Body Temperature                       | 0 1 2 3 Acne                      | 0 1 2 3 Rapid Aging            |
| 0 1 2 3 Morning Fatigue            | 0 1 2 3 Sugar Cravings                              | 0 1 2 3 Scalp Hair Loss           | 0 1 2 3 Aches and Pains        |
| 0 1 2 3 Afternoon Fatigue          | 0 1 2 3 Addictive Behavior                          | 0 1 2 3 Weight Gain-Hips          | Height (inches) _____          |
| 0 1 2 3 Evening Fatigue            | 0 1 2 3 Craving Food, Alcohol,<br>Tobacco, or Other | 0 1 2 3 Weight Gain-Waist         | Weight (lbs) _____             |
| 0 1 2 3 Difficulty Getting Asleep  |   | 0 1 2 3 High Cholesterol          |                                |

**WOMEN ONLY**

- |                           |                                      |
|---------------------------|--------------------------------------|
| 0 1 2 3 Vaginal Dryness   | 0 1 2 3 Tender Breasts               |
| 0 1 2 3 Irregular Periods | 0 1 2 3 Fibrocystic Breasts          |
| 0 1 2 3 Uterine Fibroids  | 0 1 2 3 Increased Facial / Body Hair |
| 0 1 2 3 Water Retention   | Last Menses ___/___/___              |

**MEN ONLY**

- |                                |
|--------------------------------|
| 0 1 2 3 Decreased Urine Flow   |
| 0 1 2 3 Increased Urinary Urge |
| 0 1 2 3 Prostate Problems      |
| 0 1 2 3 Decreased Erections    |

**6**

List all hormone(s) you have used in the past 2 months (see example).  
 If none are used, check here:

**Hormone Use**

HORMONE THERAPIES	Example	1	2	3	4
Name of Hormone	Testosterone				
Brand or Source	Compounded				
Delivery	Topical				
Amount (mg)	1 mg				
Date & Time Last used prior to sample collection	03 / 17 / 12 8:30 AM / PM				
How Often	Once a day/everyday				
How Long Used	For 10 months				

Does anyone in your household use topical hormones?  Yes  No

**Medications, Amino Acids Use**

Check all amino acids and/or medications you have used in the past 2 months. If none are used, check here:

MEDICATIONS/SSRIs	AMINO ACIDS
<input type="checkbox"/> Anti-Anxiety Medication	<input type="checkbox"/> 5-HTP
<input type="checkbox"/> Anti-Depressant	<input type="checkbox"/> GABA
<input type="checkbox"/> Anti-Psychotic Medication	<input type="checkbox"/> Glutamine
	<input type="checkbox"/> Melatonin
	<input type="checkbox"/> SAMe
	<input type="checkbox"/> Theanine
	<input type="checkbox"/> Tryptophan
	<input type="checkbox"/> Tyrosine

COMMENTS: (Please do not use additional sheets of paper)

Internal Use Only



\* 5 5 3 9 \*